JOB TITLE: Registered Nurse  
DEPARTMENT: Women’s Health  
IMMEDIATE SUPERVISOR: Women’s Health Director

JOB SUMMARY: The RN will be scheduled in the department after he/she has received: a) experience in labor, deliver, nursery and postpartum nursing care in another facility (documented in references from employment) plus supervised clinical performance in OB at WPH; or b) completion of preceptor education course in OB care at WPH, with supervised orientation to all aspects of department by both Head Nurse and experienced RN’s.

The staff member must be able to demonstrate the knowledge and skills necessary to provide care appropriate to the age of the patients served on his or her assigned unit. The individual must demonstrate knowledge of the principles of growth and development over the life span and possess the ability to assess data reflective of the patient's status. He/she must also interpret the appropriate information needed to identify each patient's requirements relative to his or her age-specific needs, and to provide the care needed as described in the unit's/area's/department's policies and procedures.

AGES SPECIFIC TO OB:  
Newborn Birth through 1 Month  
Infant 1 Month through 1 Year  
Adolescent/Teenager 13 Years through 17 Years  
Young Adult 18 Years through 34 Years  
Middle Adult 35 Years through 50 Years  
Mature Adult 51 Years through 69 Years  
Geriatric Adult 70 Years +

CULTURE/RELIGIOUS ASPECTS:  
Employee will care for patients of all cultural and religious backgrounds. In view of the seasonal influx of people from all over the world, be prepared to care for patients of diverse cultural and/or religious backgrounds.

ETHICS AND COMPLIANCE:  
Employee performs within the prescribed limits of the hospital’s/department’s Ethics and Compliance Program. Is responsible to detect, observe and report compliance variance to their immediate supervisor, or, upward through the chain of command, the Compliance Officer or hospital hotline.

In addition to the job description for a Staff RN, the Women’s Health Department RN also has the following responsibilities:

ESSENTIAL FUNCTIONS:

1. Perform admitting assessments, review history and develop plan of care. Initiate fetal heart monitor, perform vaginal exams, interpret fetal heart tones and determine frequency duration and intensity of contractions.

2. Monitor progress of laboring mothers, interpret fetal heart monitor and notify physician when appropriate for progress or problems. Assist mother and labor coach with breathing exercises, pain management techniques and administer pain medication as ordered. Prepare birthing room for delivery using strict sterile technique.
3. Prepare mothers for elective or emergency Cesarean Section by following written C-Section protocol. Provide emotional support to mother and coach, obtain proper consents and pre-op diagnostic studies and coordinate smooth transfer to surgery.

4. Assist physician with initiation of pitocin inductions and monitor progress of labor: mix IV pitocin drips, adjust flow rate or pump according to physician's orders, be alert for abnormalities or problems.

5. Document nursing care properly on chart forms, birth certificates, and computer.

6. Assist physician in administering care during labor: artificial rupture of membranes, initiation of internal fetal monitoring or intraterine pressure catheter, initiation of pitocin drip or other IV medications, sterile vaginal exams or other procedures. Assist anesthesia with the administration of spinal or epidural anesthetic.

7. Perform immediate post-delivery care of mother and infant: determine Apgar scores, DeLee suction and bulb suction infants, apply ID and security bands, weigh and measure infant, administer medications to mother and infant as ordered, assist physician with resuscitation, perform fundal message and monitor vital signs and lochia as needed, promote infant/parent bonding and obtain newborn identification per policy.

8. Perform post-partum care and provide patient education to mother: check lochia, episiotomy and fundus, provide instruction in child care, breast feedings and self-care to mother, monitor vital signs per policy, report problems to physician.

9. Perform nursery care on infant: operate OB equipment (OHIO heaters, isolettes, newborn monitor, phototherapy light), assess infants and vital signs, assist with circumcision, coordinate stabilization and transfer of unstable infants, perform or assist with all types of feedings (breast feeding, nipple feeding or gavage feeding) perform cord care, do Dextrosticks, initiate isolation if indicated, draw blood from umbilical catheters (but not percutaneous arterial punctures). Assess gestational age, give bath, take pictures, perform hearing screening and any other treatments.

10. Administer medications, solutions and treatments per physician's order: Display knowledge of administration and effects of medications used and operate IV/PCA pumps correctly.

11. Initiate and maintain IV and oxygen therapy on infants under the direction of a physician.


13. Perform discharge teaching for all patients.

SECONDARY FUNCTIONS:

1. Adhere to principles of infection control in delivery of OB care: restrict visitors per policy, enforce policy regarding cover-ups, scrub clothes and handwashing, assure housekeeping department cleans area adequately, enforce isolation policies for care of infant and mother, instruct parents in principles of infection control, assure routine cleaning by nursing staff is done on prescribed basis, demonstrate excellent sterile technique.

2. Adhere to general policies of the OB Department: assure proper consent for birthing room and support persons in birthing room, keep computer stats up to date, schedule special services (i.e., steak dinners), adhere to Baby X policy, restock medications and supplies, check crash cart, insure newborn safety, etc.

3. Display knowledge of specialized OB equipment instruments and procedures.

4. Stock OB department, order supplies, request maintenance or ancillary support services.

5. Display knowledge of specialized resuscitation protocol for infants: NRP, CPR technique, drug dosages, fluid requirements, thermoregulation, stabilization and transport.

6. Participate in inservices and continue education specialized for OB/Nursery.

7. Rotate call days and floating to other departments.

The following procedures will not be performed by an RN in the OB Department:

1. Intubation of adults or infants.

2. Percutaneous arterial punctures (RN's may draw blood from umbilical catheters if trained to do so).

3. Episiotomies in precipitous deliveries.

4. Placement of electrode for internal fetal monitoring will be permitted after competency validation.

5. Umbilical vessel catheterization.

6. Placement of intrauterine pressure catheter.

EDUCATION:  Graduate of an accredited school of nursing with current Wyoming licensure as a Registered Professional nurse. Prefer Bachelor of Science in Nursing. AWHONN approved Fetal Monitoring course within the last two years, Current-NRP, BLS, recommend S.T.A.B.L.E.
EXPERIENCE: Experience in obstetric care. New graduates and RN with no OB experience will be required to obtain above within six (6) months of hire.

SKILLS: Knowledge of labor, delivery, postpartum and nursery care essential. Must know principles and practice of sterile technique and infection control. Must be skilled in technical aspects of mother/infant care. Able to perform effectively in highly stressful situations. Must be able to interact effectively with a wide variety of people. Excellent communication skills. Able to assume a leadership role and serve as an example to other employees.

WORKING CONDITIONS: Works in clean, well-lighted, heated and air conditioned area. Exposure to unpleasant sights, smells and infectious diseases possible. Work schedule is 72-84 hours every two weeks. May need to work overtime as need arises. Holiday and weekend work at times.
**PHYSICAL DEMANDS:** Extensive standing, sitting, walking, heavy lifting.

My job requires that I lift:

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<th>A. Up to 10 lbs.</th>
<th>NEVER</th>
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<td>B. 11 - 24 lbs.</td>
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<td>C. 25 - 34 lbs.</td>
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<td>D. 35 - 50 lbs.</td>
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<td>E. 51 - 74 lbs.</td>
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<td>F. 75 - 100 lbs.</td>
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<td>G. Above 100 lbs.</td>
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<td>H. STANDING</td>
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Any lifting of 35# or more requires the use of an assistive device and/or physical assistance.

**EXPOSURE CATEGORY 1**

1. Tasks that involve exposure to blood, body fluids or tissues. This includes all procedures or job related tasks that involve inherent potential for mucous membrane or skin contact with blood, body fluids or tissues, or potential spills or splashes of them.

2. Tasks that do not involve exposure to blood, body fluids or tissue, but exposure may be required as a condition of employment. Appropriate protective measures are readily available to these employees when needed.

3. Tasks that involve NO exposure to blood, body fluids or tissue and Category I tasks are not a condition of employment.

Applicant/Employee Signature ____________________________ Date ____________________________

Reviewed: 2/2000, 10-08 Revised: 2/2000, 10-08